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# THE INFLUENCE OF ANTIDYSBIOTIC MEDICINES ON THE ORAL CAVITY STATE OF PATIENTS WITH CHRONIC PANCREATITIS

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Key words: pancreatitis, oral cavity, saliva, dysbiosis, inflammation, antidysbiotic medicines.

#### Introduction

There are severe disturbances in the digestive system in case of chronic pancreatitis, which are represented not only in indigestion, but, first of all, in development of severe intestinal dysbiosis [1-3].

Pathological processes appear in different organs and in oral cavity also in case of intestinal dysbiosis [4-6].

The aim of this work is to determine the inflammation and dysbiosis level in oral cavity of patients with chronic pancreatitis and study of removing this disturbances by using of antidysbiotic medicines.

# Materials and methods

The research was pursued on 20 healthy persons and 60 patients with chronic pancreatitis, which were given their non-stimulated saliva in morning on an empty stomach. The diagnosis of pancreatitis was determined by gastroenterologist, which used clinical and laboratory researches data. It was 2 groups of patients with chronic pancreatitis: main one and comparison one. The patients from second group got the traditional therapy due to standarts of such patient treatment: the therapy of chronic pancreatitis included diet, pain elimination, using of ferments and antisecretory drugs; the treatment of chronic generelized periodontitis was based on removing of dental deposits, professional dental cleaning, oral cavity sanation, selection and special remedies and devices for individual oral hygiene, topical prescription medicine's treatment of periodontal tissueses. The patients in the main group got in addition to traditional therapy inulin (from roots of chicory) fabricated in HΠA «Одесская биотехнология» (TU U 15.8-13903778-93-2003) by 1 tablet 3 times a day and *quercetin* in granules fabricated in Borshchagovskiy KhFZ by 1 gram 2 times a day with preliminary holding in oral cavity during 10 minutes; and also they rinsed their mouth with dental elixir «Chicory» (TU 569A-013903778.001-92) 3 times a day after meal in dilution 1:10 (1 tea spoon on 1/4 glass of water) and got instillation that elixir into periodontal pockets.

The treatment took 2 months. The patients were given their non-stimulated saliva after it once more.

It was determined the level of biochemical inflammation markers in saliva [7]: elastase activity and malondialdehyde (MDA) concentration, urease activity (biochemical marker of microbial contamination) [8] and lysocim activity (non-specific immunity index) [8]. The level of dysbiosis was calculated according to relative activities of urease and lysocim by Levickiy [8]. Besides, it was determined the activity of antioxidant ferment catalase in saliva [7] and according to catalase activity and MDA concentration it was calculated antioxidant-prooxidant index API [7].

The results of research were processing in statistics using Excel [9].

### **Results**

In table 1 are represented the results of biochemical inflammation markers determining in oral liquid of patients with chronic pancreatitis before and 2 month after treatment. So, both inflammation markers increase their level in patiens with chronic pancreatitis reliably, and after treatment the elastase activity reduces in comparison group - on 14 % ( $p_1>0,1$ ), in main one – on 26 % ( $p_1>0,05$ ).

This results testify that inflammatory-dystrophic process develops in oral cavity of patients with chronic pancreatitis.

Table 1

The level of inflammatory markers in oral liquid of patients with chronic pancreatitis, which take in antidysbiotic medicines

$N_0N_0$	Groups	n	Elastase, mc-kat/l	MDA, mmol/l
1	Normal	20	0,191±0,015	0,223±0,015
2	Comparison group			
2.1	Before treatment	30	0,437±0,040 p<0,001	0,311±0,028 p<0,05
2.2	After treatment	20	0,374±0,051 p<0,01 p <sub>1</sub> >0,1	0,284±0,022 p<0,05 p <sub>1</sub> >0,3
3	Main group			·
3.1	Before treatment	30	0,529±0,058 p<0,001	0,337±0,037 p<0,05
3.2	After treatment	30	0,393±0,040 p<0,01 p <sub>1</sub> <0,05	0,272±0,028 p>0,05 p <sub>1</sub> >0,05

Footnote: p - in comparison with group  $N_2$  1;  $p_1 - in$  comparison with group «before treatment».

In table 2 are represented the results of urease and lysocim activities in oral liquid of patients with pancreatitis. They show that such patients have the increased level of urease activity almost in 4 times. This fact testifies that the microbial contamination is increased in oral cavity. After 2 month basic treatment the urease activity is decreased on 74 %, but after treatment including antidysbiotic medicines – on 78 %.

Unlike the urease activity, the lysocim activity of patients with pancreatitis is decreased in 3,6 times. After basic treatment it is increased on 25 %, but after treatment including antidysbiotic medicines – on 68 %.

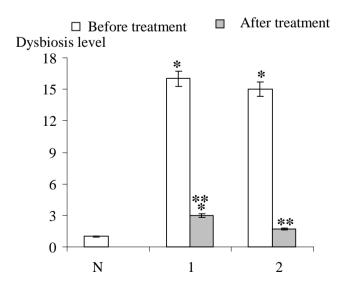
The level of oral dysbiosis of patients with pancreatitis is represented on picture: it is increased in 15 times, after basic treatment it is decreased in 5 times (but doesn't return to normal balance), and after treatment including antidysbiotic medicines it is decreased in 9 times (almost to normal).

Table 2

Urease and lysocim activities in oral liquid of patients with chronic pancreatitis, which take in antidysbiotic medicines

NoNo	Groups	n	Urease, mc-кat/l	lysocim, unit/l
1	Normal	20	$0,076\pm0,005$	142±12
2	Comparison group			
2.1	Before treatment	30	0,329±0,015	39±5
			p<0,001	p<0,001
			$0,084\pm0,010$	49±8
2.2	After treatment	20	p<0,001	p<0,001 p <sub>1</sub> >0,2
			$p_1 < 0.001$	$p_1 > 0,2$
3	Main group			
3.1	Before treatment	30	$0,302\pm0,027$	37±6
			p<0,001	p<0,001
			$0,068\pm0,009$	62±12
3.2	After treatment	30	p<0,01	p<0,05
			$p_1 < 0.001$	$p_1 < 0.05$

Footnote: look through table 1.



Picture. The influence of antidysbiotic medicines on the oral cavity dysbiosis level of patients with chronic pancreatitis (1 – comparison group, 2 – main group)

In table 3 are represented the results of definition of catalase activity and index API in oral liquid of patients with pancreatitis. It shows, that catalase activity of patients is decreased in 2 times, after basic treatment the last one is increased only on 10%, while after treatment including antidysbiotic medicines it is increased on 59%.

Index API undergoes the clearer changes: it is decreased in 3 times in patients, after basic treatment it is increased on 21%, while after treatment including antidysbiotic medicines - on 97 %.

Table 3

Catalase activity and index API in oral liquid of patients with chronic pancreatitis, which take in antidysbiotic medicines

NºNº	Groups	n	Catalase, mkat/l	API
1	Normal	20	0,210±0,020	9,42±0,93
2	Comparison group			
2.1	Before treatment	30	0,115±0,020 p<0,05	3,69±0,34 p<0,01
2.2	After treatment	20	0,127±0,012 p<0,05 p <sub>1</sub> >0,3	4,47±0,53 p<0,01 p <sub>1</sub> >0,05
3	Main group		-	
3.1	Before treatment	30	0,100±0,009 p<0,05	2,97±0,33 p<0,01
3.2	After treatment	30	0,159±0,017 p>0,05 p <sub>1</sub> <0,05	5,85±0,61 p<0,05 p <sub>1</sub> <0,05

Footnote: look through table 1.

This data testify the high effect of using antidysbiotic medicines in prevention of pathological processes in oral cavity of patients with chronic pancreatitis. The results of our researches confirm point of view about important role of dysbiosis in development of oral cavity pathology.

### Conclusion.

1. The inflammatory-dystrophic processes develop in oral cavity of patients with chronic pancreatitis. The foundation of this process is, most probably, oral dysbiosis.

2. Using of medicines (prebiotics, adaptogens) allows to remove dysbiosis appearance and to decrease essentially the inflammation reaction of oral cavity tissues.

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# **Summary**

It was determined that 60 patients with chronic pancreatitis have the increased level of inflammation markers in oral liquid: the activity of elastasa and contens of MDA on the background of the increased ureasa's activity and decreased lysocim activity, which caused increasing level of oral dysbiosis in 15 times. Treatment complex, which includes antidysbiotic medicines (inulin, kvercetin, chicory), allows to remove the occurrence of oral dysbiosis and inflammation.

Key words: pancreatitis, oral cavity, saliva, dysbiosis, inflammation, antidysbiotic medicines.